

# PARK RIDGE ACTIVE RIDING GROUP INC.



## 3rd SUPER INSTRUCTION DAY - 2015

**When:-** Saturday 20th June, 2015

**Bookings close:-** Friday 12th June, 2015

**Venue:-** PRARG Grounds, Cnr. Olson & Teviot Roads, North Maclean

Enquiries/Payment details: Cheques made payable to PRARG and sent to: PRARG, C/- Belinda Russo, PO Box 802, Park Ridge. 4125 or email [blushingstrokes@bigpond.com](mailto:blushingstrokes@bigpond.com) Vouchers (maximum 2) can be used towards lesson payment. Money will not be refunded without vet or medical certificate received within 7 days of the clinic. **Direct Debits details – NEW BANK DETAILS – Bendigo Bank A/C BSB – 633 000 A/C No 153061924 – Reference June & surname.** Receipt and reference of payment to be attached with booking form. All lessons are of 45 minutes duration.



**Instructors:** **Lea Bierman** is an EA NCAS Level 3 Dressage coach and Coach Educator as well as A Level Dressage judge. I'm also a competitor having to competed to Grand Prix. My philosophy is "your line, your gait, your frame ". Why is it important and how is it achieved and maintained? **Fees: \$90(PRARG members \$80). Shared 2 riders \$65 per riders (members \$55)**



**Di Rickards** is an EA NCAS Level 1 Specialist Dressage coach as well as competitive rider for nearly 40 years in showing, eventing & dressage currently competing at FEI level Dressage. I was a Dressage Judge for 26 years, judging in most states & territories of Australia. The last 12 years I was judging at FEI level. I retired from judging 2 years ago to concentrate on riding, teaching & competing at FEI level. My coaching philosophy, I believe the rider position is paramount to how the horse moves. A good rider position will help the horse carry the rider in the most effective & efficient way. (Happy horse happy rider.) I also teach Dressage ring-craft as competition can be won or lost through inaccurate riding. **Fees: \$60 (PRARG members \$50).**



**Geraldine Van Monfrans** is a NCAS Level 2 dressage coach as well a coach educator. Was member of Samsung cup (selected as Australian team member), finalist in Volvo Australasia, Qld squad member for many years, Qld team member CDI Sydney 2x, EQ sportsperson of the year, QLD FEI horse of the year, 2x runner up Qld horse of the year, invited to Olympic Qualification competition for Atlanta. My main aim in teaching is for the rider to become body aware and ride in harmony with their horse. I specialise in difficult horses and endeavour to find a solution that suits both horse and rider, though that may require some hard work on both sides! **Fees: \$70 (PRARG members \$60).**

General: Lessons will commence early / or late afternoon if requested with the heat. It will be strictly first come first served basis. Organisers will endeavour to accommodate preferred lessons times where possible. MONEY MUST ACCOMPANY BOOKINGS – PRARG members have priority as school is open to non PRARG members.

### Preferred Instructor and Time:

1. .... Horse name \_\_\_\_\_
2. .... Horse name \_\_\_\_\_

**Your Name:** ..... **Phone:** .....

**Address** (if not member).....

**Email address:** ..... **EA No if not PRARG member:**.....

**TOTAL ENCLOSED:** \$..... Chq..... DD..... Cash..... Vouchers.....