



# 2025 National Equestrian Interschool Championships (SIEC) – Safety Rules

## Safety Fact Sheet for Parents & Athletes

This fact sheet complements (not replaces) the Event Schedule, Technical Regulations, and EA/FEI rules. Always follow instructions from Officials, Stewards, the Organising Committee and your Team Manager

NOTE: SIEC is owned by the NSW State Government Office of Sport. The roads and paths within SIEC are considered to be public roads and, as such, all normal road rules apply within the venue.

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## Quick Essentials (Pack & Prepare)

- **Approved helmet** (meets **AS/NZS 3838**, **ASTM F1163**, or **VG1**; no visible damage). Helmets, other than for Show Horse, must be tagged.
  - **Bicycle helmet – for anyone planning to ride and bike or manual scooter (horse riding helmets are an acceptable alternative).**
  - **Electric Scooter are banned** – please don't bring them
  - **Enclosed footwear** and gloves for handling in stables; **body protector** if your discipline or class requires it.
  - **Medical info** (allergies, medications, emergency contacts). Consider a **medical armband/wristband** for training/competition.
  - **Horse ID** (bridle/halter tag and stable card) and **rider number** as per the schedule.
  - **Hydration & sun safety:** water bottles, electrolyte plan, sunscreen, hat, cooling towel.
  - **Electrical compliance for camping and stables:** safe and undamaged leads, power board with overload protection, no daisy-chaining (connecting power leads to power leads).
  - **Documents:** horse registration details, vaccinations/medications log, PIC & movement records (as required).
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## Key Contacts & Locations (Fill on Arrival)

- **Team Manager:** Jodie Miles.
- **Assistant Team Manager:** Paige Moxey
- **First Aid / Medical:** First Aid Room in event square
- **On-call Veterinarian:** Contact your team manager for assistance
- **On- Call Farrier:** Contact your team manager for assistance
- **Stable Manager / Night Duty:** Event Phone
- **Lost Child / Safeguarding Officer:** Contact your team manager for assistance. Lost children to be brought to the Event Office.
- **SIEC Security:** 0420 985 604
- **Emergency:** Call **000** first, then notify **Security (0420 985 604)** and your **Team Manager**

**Event Address (for emergency services):** Sydney International Equestrian Centre (SIEC), Horsley Park NSW. Use venue gates and building names where possible when directing responders.

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## Arrival & Accreditation

- Site speed limit is **10 km/h**
  - Have your horse registration papers printed or on your phone.
  - No vehicles permitted in the stable block (include buggies, bicycles and scooters)
  - Park only in designated areas; NEVER block emergency access points.
  - Horses are to be ridden and lead on the horse paths – not the vehicle roads.
  - All competitors to be accompanied by a responsible adult at horse check-in.
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## Stable & Yard Safety

- **No smoking** anywhere in stables or near hay/bedding.
  - Enclosed shoes required when handling; no bare feet or sandals permitted when handling horses or in the stables at any time.
  - Keep aisles **clear** (no tack trunks, chairs, or gear blocking exits).
  - Tie horses with quick-release knot/safety tie. **No tying to doors**. Supervise at all times when not securely stabled
  - **Electricals:** keep cords off wet surfaces; one appliance per outlet where possible.
  - **Fans:** guard in place, secured out of reach of horses; switch off when unattended.
  - Feed/water buckets labelled; **no sharing** between horses.
  - **Night routine:** all stable doors MUST be closed with the latch secured. Lights out/quiet hours as advised; report any concerns to Night Duty. Horses not permitted outside the stable area after dark.
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## Biosecurity & Horse Health

***NOTE: excessive lunging is now specified in the non-exhaustive list of actions considered to be horse abuse in the EA General Regulations***

- Horses are not to be lunged in the dark
- Isolate and report if horse temperature  $\geq 38.5^{\circ}\text{C}$  or if coughing, nasal discharge, or diarrhoea.
- Do **not** allow nose-to-nose contact between unfamiliar horses.
- Do not share tack, bits, grooming tools, or water sources.
- Use your own hoses/buckets; avoid dunking shared taps.

- Wash your hands regularly.
  - Follow event directions regarding disease alerts if issued.
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## Warm-Up & Arena Etiquette

- Obey **traffic flow** (left-to-left rule; faster pace on the outside unless otherwise posted).
  - Single earbuds only while mounted.
  - Keep coaching short and off the track; pull to the centre to adjust tack.
  - Respect maximum horse/rider numbers and time limits in warm-up.
  - Only competitors in the warm-up. Coaches can coach from outside the arena.
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## On-Course / Competition Safety

- Horses can only be ridden when **paramedics** are on site. Team Managers will advise times.
  - Present for **gear check** as per discipline rules
  - If a fall occurs: **stop, dismount nearby riders if directed**, fallen rider **MUST** present to paramedics before any return to activity.
  - **Concussion & Injury:** EA Concussion & Medical Suspension policies apply. If a concussion is diagnosed EA rules will mean that the competitor is eliminated from the remainder of the competition.
  - Walk courses only at designated times. No horses in course walk.
  - Jumping/Eventing: wear an **approved body protector** if mandated; consider an air vest **in addition** to, not instead of, a body protector where rules permit.
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## Heat, Weather & Air Quality

- Monitor event alerts for **heat, storms, or lightning**. Schedules may change.
  - Plan cooling: shade, water, ice, coolers, fans; know the nearest wash-down bay.
  - Recognise heat stress in horses (rapid breathing, lethargy, dark mucous membranes) and riders (dizziness, nausea). **Report early**.
  - Lightning: follow 30/30 rule; evacuate arenas if instructed.
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## Children & Young People – Safeguarding

- This is a **child-safe event**. Report any concerns to the Safeguarding Officer or Event Control immediately.
  - Set a **family meeting point**. Young athletes should check in/out with a parent/ guardian.
  - Supervision: no unsupervised children under 12 in stables after hours.
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## Bicycles, Scooters & Golf Buggies

*Mobility vehicles for the disabled are exempt from these rules*

- **Not permitted in stable areas** at any time.
  - **Helmets must be worn by anyone riding bicycles or scooters** – this includes parents, family members and officials.
  - Golf buggies may only be driven by persons holding a valid motor vehicle driver's licence.
  - Electric Scooters are not permitted at SIEC
  - **No riding double on bikes**
  - No leading horses from bikes or buggies
  - No speeding, passengers standing on the back, or reckless behaviour. Keep to designated routes only.
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## Drugs, Alcohol & Smoking/ Vaping

- No one is permitted to operate **any vehicle** (car, buggy, bike, scooter or horse) while under the influence of drugs or alcohol.
  - This is a **school-aged event**: no NSW athlete may consume alcohol at the venue or during the event—even if over 18.
  - Smoking and vaping is not permitted at the arenas, warm up or competition areas or in the stables at ANY Time
  - Adults are expected to model safe and responsible behaviour at all times.
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## Dogs Rules

It is preferred that dogs are not brought to the event.

- Dogs **on leash** at all times or firmly secured in a vehicle or crate.

- Not permitted in competition arenas or warm-up.
  - Not permitted in the indoor arena at any time.
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## SIEC Wildlife

SIEC is part of the Western Sydney Parklands and as such has a healthy wildlife population that includes grey kangaroos, monitor lizards and red-belly black and brown snakes

- Please be alert for snakes. Their favourite spots are in the pipes and stone walls around the site. If you spot a snake, please leave it alone and notify the SIEC staff.
  - The SIEC monitor lizards (goannas) can be quite large. Please do not approach them. They have been known to enter open horse trucks in search of food and food for them includes small, tethered dogs.
  - Be alert to kangaroos when riding – they are very familiar with horses but horses may be spooked by them.
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## Medication Control & Prohibited Substances

- EA/FEI medication control is in place.
  - Store all medications securely.
  - Riders/parents are responsible for adherence to anti-doping and horse welfare rules.
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## Waste, Fire & Environmental Safety

- Keep fire exits and hydrants clear; know the location of extinguishers.
  - Store hay away from ignition sources;
  - Remove baling twine and plastic promptly and place in receptacles provided.
  - Dispose of manure in designated bays.
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## Communication & Alerts

- Official updates via **PA and the Stack app**. Ensure your phone number is current in the event system.
- Team Managers will relay discipline-specific changes—stay in contact.

- In an emergency evacuation, **follow staff/official directions** to the nearest **evacuation point**.
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## Daily Safety Check (Tick Off)

- ☐ Helmet inspected; chinstrap firm; body protector (if required).
  - ☐ Horse sound; temperature recorded; hydration plan set.
  - ☐ Stables safe: water full, feed secure, aisle clear, electrics compliant.
  - ☐ Sunscreen applied; refillable bottle packed; shade identified.
  - ☐ Family meeting point agreed; phone charged; key contacts saved.
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## Incident & Near-Miss Reporting

- Report **all** incidents, falls, near-misses, and hazards to **Event Control/HQ** or any Official immediately.
  - Complete any required forms before leaving the venue on the day of the incident.
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## Questions?

- Start with your **Team Manager**.
- Competitors and their support people must NOT approach the Organising Committee directly.
- For medical concerns, see **First Aid**; for horse health, contact the **Vet**.

We aim to make this event safe and enjoyable for all attendees. Please assist us by complying with these rules.