Competitor Information Pack

For your journey to the

2017 Marcus Oldham Australian Interschool Championships



Venue Address: Glenvale Road, Toowoomba, Queensland 4350

Horse Entry Via Harvey Road

PIC number: QJJD 0526







Welcome

We aim to make the 2017 Marcus Oldham Australian Interschool Champions a memorable and enjoyable event.

Information will be sent to you in the lead up to the competition via your State Team Managers/ Chef d'Equipe. This information pack should provide you with information that will assist you in your preparations for travel.

We understand that your main focus is the competition, but there are lots of other aspects to consider: teamwork, sportsmanship, horsemanship, making new friends, and of course having fun! You have all worked very hard to make it onto your state team, and we hope that you, your parents, team managers and your horses have an enjoyable event. To achieve this, we require your cooperation and assistance.

Don't forget about the **Australian Interschool Championships Teamwork Trophy.** This will be awarded to the state showing the best team spirit and teamwork. (Please note: stables can be decorated within reason, keeping in mind horse and rider safety. Stables and stable blocks must not be permanently marked in anyway - i.e. with paint, permanent markers etc. - and all decorations must be cleaned and tidied away by the last day of competition. Stable aisles to be kept clear at all times.)

We look forward to seeing you in Toowoomba!

Kind regards,

The 2017 Australian Interschool Championships Committee





Camping & Stabling Information

All horses will be stabled for the duration of the event, arriving on Saturday 23 August 10am – 6pm, Sunday 24 September 10am – 6pm or Monday 25 August 6am – midday. Departure from the grounds is prior to midday Saturday 29 September 2017. Entry and exit will be via gate 7.

All horses will be health checked on arrival by the Event Veterinarians. A completed horse heath declaration, Equestrian Australia horse registration papers and biosecurity forms will be required on arrival and each time a horse enters the venue.

There will be a signed unloading area where horses may be unloaded prior to parking in your designated area. You will be required to vacate this area promptly. As you can appreciate we will have many horses to get settled.

Each State/Territory will be allocated a block number of stables and the State Team Managers/ Chef d'Equipe may then allocate stables to individuals and attach name/contact details to the stables.

Your stables will be pre-filled with shavings. We will provide a limited amount of equipment, so where possible please bring your own equipment to clean your stables. Stables are to be cleaned twice daily and manure and feed scraps are to be placed in the designated 'Manure' sites, which will be cleared regularly.

No electric fences or portable yards can be erected on the grounds.

Feed and tack storage areas will be available, only if there are sufficient spare stables, so you may like to pack a 'cart' to transport your gear.

Horses are **not** to be taken into camping areas. Dogs are **not** to be taken into the stables and appreciate you keeping your dogs in your camping areas. Dogs must be on a lead at all times.

Each paid camping site will be given a zip tie. Please attach your camping 'zip tie' (provided on arrival) to your electricity cord at the power box end and display your camping permit visibly on your vehicle.

Please notify the Stabling office prior to your departure from the venue. All vehicles will need to exit from the venue via Gate 7 which is the original entry gate.

Please ensure you have left your stabling and camping areas clean of rubbish.

The venue does have wash bays with hoses, however it is recommended that your team bring a few hoses with standard fittings for ease of carting water and for some taps that may not have hoses connected.

For all special requests and questions concerning camping and stabling please contact your State Team Manager.

Thank you for your cooperation, have a fantastic week and safe travels.







My Nationals Checklist

Э	Coordinated Horse Feed Supply	0	
0	EA Horse Registration Papers	0	
0	Horse Movement Record	0	
0	Horse Heath Declaration	0	
0	Completed Temperature Log and movement	0	
)	Hendra Vaccination Certificate (if you have one)	0	
С	Saddlery and Equipment	0	
С	Equine First Aid Kit	0	
С	Human First Aid Kit	0	
С	Clean Feed Bins	0	
O	Clean Water Containers	0	
С	Hose and fittings	0	
С	Pitch fork	0	
C	Wheel barrow	0	
C	Uniform and riding attire	0	
C	Helmet	0	
C	Boots	0	
C	Approved whip/spurs	0	
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BIOSECURITY FACT SHEET

Equestrian Queensland takes biosecurity seriously and has measures in place to mitigate the risk of infectious diseases and pests.

A simple explanation of 'biosecurity' is the action we take around animals and at home to help stop pests and disease from occurring, or if there is an outbreak, to stop them spreading. Biosecurity is also general term for measures designed to protect our country, state, events and individual properties from the entry and spread of unwanted animals, pests, diseases and weeds.

Biosecurity measures are actions OWNERS and EVENT ORGANISERS can take to keep horses healthy, and properties free from disease.

It is a condition of entry that the competitors and persons in charge of horses adhere to all EA Codes of Conduct and regulations as outlined in the Schedule.

A horse health declaration form will be required on arrival at the venue, together with EA horse registration papers.

Biosecurity risks can be reduced by taking steps to:

- a. prevent introduction of disease onto grounds
- b. prevent the spread of disease on the grounds
- c. minimise the effect and spread of a disease incident within the ground

OUR BIOSECURITY PLAN

Our event biosecurity plan is a set of preventative control measures and actions aimed at reducing the risk of infectious diseases and pests on and off the venue, and between horses at the venue.

OUR BIOSECURITY POLICY

All horse owners and competitors should be aware that you have a biosecurity obligation to take all reasonable steps to ensure your activities do not spread a pest, disease or contaminant.

Competitors are asked to ensure good biosecurity practices at home, during their journey and at the event and to ensure that instructions of the organising committee and the EQ Biosecurity Manager are followed, or risk expulsion from the event.

All horses entering grounds must be from a property actively practicing good biosecurity principles within their management.

Equestrian Queensland's Biosecurity Plan and Policy will be available for viewing at the event venue in the rider's retreat.

<u>Horse Health Declarations (HHD)</u> are a mandatory requirement for all events. The property identification code (PIC) of the horse's origin must be included on the HHD.

The Event vet has requested that a daily temperature log be recorded for 10 days prior to arrival for all non-Hendra vaccinated horses and 3 days for vaccinated horses. To ensure acceptance into the event, please have with you required HHD and temperature log at the point of entry or designated registration point, as advised by the organising committee.







Other biosecurity and workplace health and safety measures that aim to provide the safest environment for horses, competitors, volunteers and visitors include:

- No horses or dogs with signs of illness are to be brought onto the grounds.
- No communal horse water troughs are available at this event.
- Do not share equipment, including food and water containers, between horses.
- Competitors are responsible for cleaning up manure from yards and placing it in designated areas. Please use your own rakes/shovels.
- Competitors are required to advise the event organisers immediately if a horse is sick. Stop all non-essential contact with the sick horse. Do not allow children to have close contact with the sick horse.
- Everyone handling horses should wash or sanitise hands between contacting different horses.
- All competitors and horse owners should exercise good biosecurity and horse health practices as set out in this document and by seeking professional advice.

Vehicles

- Every effort should be made to ensure the cleanliness of vehicles/floats entering the venue.
- All local regulations en-route regarding the transport of plant material, seeds, weed control, etc must be adhered to.

Dogs

- Dogs are not a preferred option at events.
- o If they are attending, dogs must be kept on a lead at all times and we request that they remain in the camping areas. Please do not take your dog into the stable areas.
- o It is the owner's responsibility to pick up and dispose of dog droppings.

Fodder (for interstate competitors)

 Any feed brought into the venue from Interstate must comply with Department requirements and a fodder declaration must be completed if required. Further information is at: http://www.daff.qld.gov.au/plants/moving-plants-and-plant-products/into-or-within-queensland/bringing-fodder-or-hay-into-queensland

Crossing Tick Lines

- In Queensland, horses that are not kept with cattle, are well groomed and rugged are usually considered low risk tick carriers. If your horse classifies as a low risk carrier, no biosecurity certificate is required, nor is chemical treatment. However, a tick free manual inspection is required, which can be done by the owners.
- Procedure for manual inspection of low risk tick carriers
- o Toowoomba is in the tick free zone
- When crossing tick lines in Queensland, you must ensure that you carry a biosecurity movement record Page 2 asks how you have minimised risk of cattle ticks, carrying out a manual self inspection as per the above procedure and providing your horse is tick free is how most people manage the risk.
- If you are concerned that your horse may have ticks you may need to book in for an inspection with an
 accredited certifier 24hrs in advance when crossing into tick free areas. See the link for a list of <u>Accredited</u>
 Certifiers in Queensland
- You must report any cattle ticks found outside the Queensland cattle tick infested zone to <u>Biosecurity</u>
 Queensland.







Movement Records

- In Queensland, it is a requirement for anyone transporting horses to keep a <u>movement record</u>. Biosecurity
 Queensland have developed a Movement Record that you may use, or you may use a Horse Health
 Declaration (if stopping anywhere overnight, a new HHD must be used so that the most recent point of
 origin is listed).
- o If you are crossing state lines, please ensure you check any requirements with the relevant state body.

BIOSECURITY RECOMMENDATIONS

- Our event vet has made the following biosecurity recommendations for competitors prior to and during your journey:
- Keep your horse stabled at night
- o Regularly monitor your horse's temperature, pulse and respiration, particularly before and during travel
- o Do not have feed or water containers under or near trees. Keep these undercover where possible
- Remove flowering or fruiting trees from your paddocks, or limit access to these trees in February or
 March
- Isolate sick horses from other horses, people and animals
- o If you have other horses visiting your property, keep them away from your horses as far as possible, and monitor them for signs of ill health. If any signs of ill health are shown, isolate the horse immediately
- o Discuss with your vet the best biosecurity measures for your property and horses.

WHAT TO EXPECT IN THE UNLIKELY EVENT OF A BIOSECURITY INCIDENT

In the unlikely event of a biosecurity incident, our response plan will be implemented. This will be available for viewing in the Riders Retreat.

If the incident involves a notifiable disease, Biosecurity Queensland will be notified and they may implement legislated controls on the movement of horses from this event. You will be notified about the incident and expected to follow the directions given by the event organisers.

Everyone will be expected to remain at the venue until cleared to leave by the event organisers. In the event of horse movement restrictions participants are responsible for the care, maintenance and cost of their horses and themselves, including feeding, bedding, vets and personal needs.

Event Veterinarian - Celia Dodd, BSc., BVSc. (Hons) – Phone number to be provided prior to competition Biosecurity Managers, Zoe Dark and Lisa Gall. Phone numbers to be provided prior to competition.

For any queries prior to arrival, please email <u>ta@equestriangld.com.au</u>

Further biosecurity information is provided at the end of this document.







HORSE HEALTH DECLARATION

NT NAME											
IVAL DATE	DEPARTURE DATE										
THE HORSES LISTED BELOW STAYING ON	SITE FOR	R THE DURATION	ON OF THE EVEN	г?		Yes / No					
•			O THE PIC LISTED	BELOW? IF NO, YOU W	/ILL	Yes / No					
MPETITOR'S NAME											
NER/ PERSON IN CHARGE OF HORSE/S											
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CILE REGISTRATION NUMBER											
·					POSTCOD	CODE					
NUMBER (Property Identification Code)	Q_			_							
ARE YOU CROSSING ANY TICK LINES TO ATTEND THIS EVENT?		YES / NO TO ENSURE TICKS ARE NOT CARRIED ACROSS THESE LINES?									
AILS OF ALL HORSES YOU ARE BRINGING	онто тн	HE GROUNDS									
HORSE'S REGISTERED NAME	DESCRIPTION / SEX		N MICROCHIP	/BRAND	IS RETUR	NING TO (II	F	CURRENT HENDRA VIRUS VACCINATION Yes/No			
					Q						
Declaration by owner or person in charge of horse/s attending: I declare that the horse/s named above has / have been in good health, eating normally and not shown signs of illness during the last five days leading up to this event. I give my authorisation for the Event Organising Committee/Biosecurity Manager to call for veterinary inspection of the horse/s named above and in my care should they be showing signs of illness at any time during the course of the event. I agree to pay any veterinary fees incurred for the abovementioned horses as a result of this veterinary examination. I agree that should my horse at any time become sick at the event I will advise the event organisers immediately. I AGREE TO ENSURE THAT: I ALI horses, vehicles and equipment accompanying horse/s will be clean and free of solid material (that could contain disease agents) prior to departing property of origin. I FURTHER DECLARE THAT: 2. The information contained in this Biosecurity Declaration is true and correct to the best of my knowledge. 3.1 agree to abide and those people that are assisting me on the day, by all conditions that may be imposed at any time by the Event Organising Committee/Biosecurity Manager. 4. I acknowledge that in failure to comply, or those people that are assisting me on the day fail to comply, may be directed to leave the event and my nominations will be forfeited. 5. I acknowledge that decontamination and disinfection procedures may be required of me if instructed by the Event Organising Committee/ Biosecurity Manager. 6. I acknowledge that there is a possibility that horses might become infected with disease agents as a result of any movements and if necessary horses and premises will be quarantined in accordance with any legislation covering such occurrences including policies and procedures in effect at that time. I agree and acknowledge that the Biosecurity Manager/Event Organising Committee, its State or National Affiliated bodies and their members are not in any way liable for any cost, exp											
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(Date)

HORSE LISTING CONTINUED

#	HORSE'S REGISTERED NAME	DESCRIPTION / SEX	MICROCHIP/BRAND	PIC OF PROPERTY HORSE IS RETURNING TO (IF DIFFERENT FROM ABOVE)	CURRENT HENDRA VIRUS VACCINATION Yes/No
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4					
5					
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11					
12					
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14				
Declaration by owner or person in charge of horse/s and declare that the information on page 1 of this Horse B	•	is true and correct to the best of my knowledg	e for the horses listed abov	ve.

......(Name)







Temperature Log for Hendra Vaccinated Horses
Taken once per day for 3 days prior to arriving at the 2017 AIC.

Horse's Registered Name	Sex	Microchip Number	Time	Day 1	Day 2	Day 3	Arrival Day						
Please supply the dates		Date:											
address of all locations stopped at on your trav		Location:	Location:										
AIC, please specify if the	ey were	:	Stabled?										
stabled at night at each location?			Date:										
		Location:											
		Stabled? Date:											
		Location:											
		Stabled?											
declare the information cor	ntained		orrect.										
authorise Equestrian Queer eedback.	nsland a	nd the OC to consult v	vith the Even	t Veterinariaı	n or Biosecur	ity Queensla	nd in assessing t						
Full name:		Signatur	e:		Dat	e:							







Temperature Log for non-Hendra Vaccinated Horses Taken once per day for 10 days prior to arriving at the 2017 AIC

Horse's Registered Name	Sex	Microchip Number	Time	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Arrival
			1	I		I	I		ı	1	1	1	
Please supply the dates ar address of all locations yo stopped at on your travels AIC, please specify if they stabled at night at each location?	ou s to	Date: Location: Stabled? Date: Location: Stabled? Date: Location: Stabled? Stabled?											
declare that the information of authorise the Equestrian Que													
his feedback. ull name:		Signatur	0.						Date:				









Queensland Produce Distributors

A.B.N. 55116301292

222 McDougall Street, Toowoomba, Queensland 4350 Telephone: (07) 4633 1011 Fax: (07) 4634 1666 Mobile: 043 795 4889 E-mail:Andy@QldProduce.com.au

ORDERS RECEIVED BY PHONE, FAX, SMS, or E-MAIL

ORDERS PLACED BY 12H00 TO BE DELIVERED AT 15H00 AT THE LANDMARK PAVILION SATURDAY ORDERS TO BE DELIVERED AT 11H45. NO SUNDAY DELIVERY PRE-PAID ORDER FORM CREDIT CARD PAYMENT ONLY

- Pudes (Easi Feed)		Bag Buy	ORDER
PRYDES HORSE FEEDS		Inc GST	QTY
Bio Mare Cubes	25kg	32.50	
Easi Response	25kg	30.50	
Easi Result	20kg	32.00	
Easi Ride	20kg	20.50	
Easi Sport	20kg	35.50	
Easi Feed 2	25kg	37.50	
Easi Feed 3	25kg	37.50	
Easi Feed 4 Old Timer	25kg	36.50	
Easi Fibre	20kg	33.80	
Easi Oil	5 litre	40.80	
Easi Performance	25kg	37.00	
		Bag Buy	ORDER
HAY, CHAFF, GRAINS and OTHER:		Inc GST	QTY
Lucerne Hay	Bale	20.80	
Oaten Hay	Bale	16.80	
Combo Chaff (Luc and white chaff mix)	Bag	30.80	
Prime Lucerne Chaff Hessian Bag	Bag	38.80	
Wheaten Chaff (Nitschke)	20kg	24.50	
Oaten Chaff (Nitschke)	20kg	24.50	
Local Wheaten Chaff	Bag	26.00	
Local Oaten Chaff	Bag	26.00	
Barley	20kg	17.80	
Corn	20kg	17.80	
Rolled Barley	20kg	17.80	
Oats (Race Horse)	20kg	18.80	
Copra Meal	20kg	19.80	
Relax Cool & Calm Mix	20kg	22.30	

WE STOCK A LARGE RANGE OF QUALITY FEEDS, PRODUCE, HAY, CHAFF & SUPPLEMENTS.
PLEASE CONTACT US FOR ANY FURTHER REQUIREMENTS.

CREDIT CARD PAYMENT DETAILS: CUSTOMER NAME: CARD NUMBER:

MOBILE NUMBER: EXPIRY DATE:





BIOSECURITY ADVICE FOR HORSE OWNERS/RIDERS

While it is impossible to keep horses separate at events, make sure your horse is in full health before leaving your property. Events held over multiples days can increase the likelihood of your horse being exposed to a possible infectious disease. It is therefore imperative, that at all times horse owners/riders practice good biosecurity and follow event guidelines.

The role of ALL AUSTRALIAN INTERSCHOOL EQUESTRIAN CHAMPIONSHIP event entrant and the owner or person in charge of the horse(s) at this event is to:

- not to bring sick horses to the event. Sick animals may get worse during transport and infect other horses.
 Visually inspect horses to be transported and check rectal temperatures on the morning of the event. If in doubt, ask your vet to examine the horse.
- to provide truthful, accurate information as required
- to complete a Horse Health Declaration for each horse and hand it to the registration steward or secretary or the horse health official on entry
- to carry out instructions from the horse health official, this may be the Event Biosecurity Manager, Event Veterinarian or other official appointed by the Organising Committee.
- to monitor their horse's health throughout the event and notify the horse health official immediately should they see any signs of illness.
 - If you notice strange behavior or signs of disease in your horse, or any horse, report it immediately to the event organiser so they can determine the risk to other horses. Do not move the horse until you are advised.
- Recommendation, that you take your horse's rectal temperature regularly. A rectal temperature above 38.5 degrees suggests disease.
- not to share tack and equipment between horses
- to ensure each horse has its own water and feed bucket
- not to use communal water troughs
- to minimise contact between horses
- to minimise contact between other people and your horse(s). Discourage people from touching your horse as this is a key way for disease to spread from horse to horse
- not to allow horses to eat any other horse's feed
- leftover feed to be placed in designated compost site
- to wash hands between horse contacts. Wash your hands with clean water, or disinfect with waterless hand sanitizer
- stables/yards are to be kept clean of manure and feed scraps including picking up manure from communal areas
- manure is to be disposed of in designated 'Manure' sites around the grounds
- the carrying of a Personal Protective Equipment (PPE) kit is highly recommended
- Feed and water should be kept under cover and away from trees to prevent contamination from birds/flying foxes. This should be done at home, when travelling and during competition.

After the event, event entrants should:

- clean and disinfect all horse equipment and the horse transport vehicle
- have a thorough shower, wash hair and blow their nose to expel any inhaled bacterial or viral particles
- change into clean clothes
- continue to monitor the health of the horse(s)
- report any unusual signs of disease to their veterinarian
- isolate returning horses from other horses as much as is practical.







For this event,

- All horses must be accompanied by a completed Horse Health Declaration form. This must be handed to event managers on arrival at the venue as outlined.
- All horses are recommended to have a current vaccination status with respect to Equine Strangles disease and Tetanus.
- Any sick horses will be isolated or removed from the contact with other horses.

In the Event of a Biosecurity Emergency

- All individuals must obey directions given by the OC
- Everyone will remain at the venue until cleared to leave by the OC and the cost to do that will be borne by the competitor
- In the event of any horse movement restrictions participants are responsible for the care, maintenance and cost of their horses and themselves including feeding, bedding, vets and personal needs

VETERINARY ASPECTS

VETERINARY EXAMINATIONS AND HORSE IDENTIFICATION

These will be carried out in accordance with the Veterinary Regulations Art. 1031

Extracts of FEI Veterinary Regulations Article 1031.

Definitions:

- a) The term 'Veterinary Examination' is used to denote a clinical examination carried out by a qualified veterinarian to establish the general health status of a horse about to compete. Veterinary Examinations are also used to ensure that competition horses are not ill or injured as a result of international movement.
- b) The term 'Verification of Identity' refers to the means of checking the identity markings of the horse against its diagram in the passport at a Veterinary Examination or Horse Inspection.

VETERINARY EXAMINATIONS

Examination will be conducted on arrival for all horses. The Veterinary Examination ('Examination upon Arrival') will be carried out as soon as possible after arrival, but in any case, before the horse comes into contact with other horses in the event stables. Horses will be identified on arrival and EA horse registration papers are required. Each competitor is to complete and provide a Horse Health Declaration (form attached).

Horses that do not submit the declaration will not be allowed to enter the venue.

The object of the Veterinary Examination is to:

- a) Verify the identity of each horse from its paperwork;
- b) Check that the animal has not been in contact with other animals suffering from infectious or contagious disease (e.g. strangles) or has come from an establishment that is not free of such disease (VR Art 1032.2); and
- c) Carry out a clinical examination to ensure that the horse is not suffering from any infectious or contagious disease. This examination may include the palpation of limbs and body, monitoring heart and respiratory rate, body temperature and any other pertinent clinical parameters necessary. The limbs may be palpated or lifted to examine a suspected abnormality. However, an examination for any lameness (i.e. flexion tests or a trot-up) is not part of this examination. A record of the clinical findings must be made which should follow the horse through successive examinations and inspections.







If the veterinarian's opinion is that the horse should not be allowed to be in contact with the other participants or should not take part in the event, the case must be referred to the Ground Jury and the Veterinary Commission/Delegate for a final decision.

Following a Veterinary Examination:

- a) Any horse, which is considered to be a health risk to other horses at the event, may be refused permission to enter the event stables. It may however, be stabled in separate isolation stables pending recovery or until alternative arrangements have been made;
- b) Any horse, which is not considered to be fit to participate in the event, must be reported to the Ground Jury. The Veterinary Commission/Delegate should discuss the case with the Ground Jury which is responsible for making the decision, if necessary, to eliminate the horse before the First Horse Inspection;
- c) Mares may not compete after their fourth month of pregnancy or with a foal at foot. If it is subsequently confirmed that a mare competed under either of these conditions, she will be disqualified from all events to which these conditions applied and the Person Responsible will be referred to the Secretary General for reference to the Judicial Committee;
- d) Horses may not compete with a tracheotomy (i.e. a surgical opening through the skin into the trachea) or after a neurectomy has been carried out;
- e) Tongue straps or guards for horses are not permitted in any FEI competitions; and
- f) Shock wave therapy (i.e. Extra-Corporal Shockwave, ESWT) and Cryo-therapy are not permitted during competition and for a period of five days prior to the first Horse Inspection. The application of ice is acceptable.
- g) Riders should provide their own Ice.

HORSE IDENTITY DOCUMENTATION

Horses do not require an FEI Passport but do require their EA Registration papers in order to compete.

SAMPLING FOR PROHIBITED SUBSTANCES

Medication control sampling (swabbing) is compulsory at all Australian Interschool Championships. A minimum of three horses or 3% of horses taking part (whichever is the greater) will be sampled.

Emergency treatments of horses with prohibited substances during the competition and in the immediate precompetition period require the permission/authorisation of the event veterinarians.

Competitors should refer to the EA Equine Anti-Doping and Medication Control Rules (<u>www.equestrian.org.au</u>) and discuss any treatment for their horses with their veterinarian.

SOUNDNESS

The Judges are required to satisfy themselves regarding soundness of all horses and under EA Sport Rules they have the authority to stop an unsound horse during the competition or from competing.

TRANSPORTING HORSES LONG DISTANCES

Below is some information regarding the transportation of horses over large distances. A horse being transported long distances may experience stress and discomfort that could precipitate disease. Fortunately – these are rare occurrences that can be mitigated with good management.





The Major Diseases/Problems are

- Pleuropneumonia Travelling Sickness
- Laminitis
- Off Food/Water weight loss and dehydration
- Colic/Enteritis/Colitis Syndrome
- Stress/Anxiety

Pleuropneumonia – Travelling Sickness/Shipping Fever

"Travel sickness" is the colloquial term used to describe the bacterial disease in the lungs and chest cavity in horses that sometimes follows road and air transportation. The condition is technically known as pleuropneumonia, and apart from being associated with transportation, it may also develop following viral illness ("colds"), strenuous exercise, or general anesthesia and surgery.

What Causes Travel Sickness?

The horse's respiratory tract has a number of defense mechanisms that are involved in the removal of secretions and debris from the lungs to the throat, and in the destruction of bacteria in the lungs. While a horse is being transported, particularly over long distances (and therefore over a long time), these defence mechanisms are compromised and there is impairment of the horse's ability to clear normal contaminants, thereby allowing increased numbers of bacteria to gain access to the lung tissue.

Horses can undergo considerable stress when they are transported for any significant length of time. There are a number of important factors involved: Most horses will lose weight during transportation for extended periods since they are unlikely to drink or eat much during this time. The water loss will lead to a drying of the lining of the airways, thereby reducing the ability of the lungs and trachea (windpipe) to clear bacteria and airway mucus.

There is considerable muscular activity, particularly during road transportation, as the horse works hard to retain its footing. The increases in muscle enzymes after 6 hours of road transportation are equivalent to those after a race. There are changes in stress hormone levels as a result of transportation. The most important hormonal change is an increase in cortisol levels, which is associated with reduced immunity and can reduce the ability of cells within the lungs and airways to destroy bacteria. Factors such as age, gender and the degree of prior experience can influence how a particular horse responds to this stress.

Transport of horses is usually associated with the confinement of horses in individual compartments with their heads elevated. Studies at the University of Sydney's Veterinary Faculty have shown that when horses are unable to lower their heads for a period of time, they are unable to clear their normal airway secretions. The inability to periodically lower the head is associated with greatly increased numbers of bacteria in the airways. Continued confinement leads to the accumulation of pus in the airways, with further impairment of the clearance of secretions.

Inadequate ventilation within transport vehicles and the inhalation of exhaust gases and small particles may be associated with the accumulation of substances which impair clearance of secretions, damage the lining of the airways, or impair the ability of lung cells to kill bacteria.

The combination of these factors can lead to inflammation of the airways with damage to the airway lining, bacterial invasion of the lung tissue (pneumonia), and extension into the pleural space (pleuritis). Affected horses are febrile, depressed and can appear colicky. Intensive treatment with antibiotics is required to manage horses with pleuropneumonia. In severe cases, return to athletic function is unlikely, and death is not uncommon. Studies at the University of Sydney have shown that the bacteria involved in pleuropneumonia are not spread from horse to horse but are "opportunistic pathogens", that is, bacteria which normally live in parts of the body without causing disease, but due to factors such as those outlined above, can infect other parts of the body such as the lungs which normally







do not have a resident bacterial population. The bacteria isolated in the lungs of sick horses appear to be the same as those found in the mouth and throat of normal horses.

What to Watch For – The Danger Signs

- Rapid breathing (tachypnea)
- Difficulty breathing (dyspnea)
- Fever over 38.5 degrees (digital thermometer)
- Nasal discharge that may be clear or may look like pus
- Poor appetite
- Weight loss
- Elevated Heart Rate
- Decreased exercise tolerance
- Dullness to profound depression
- Fetid nasal breath
- Enlarged submandibular lymph nodes (they lie under your horse's jaw)
- Cough, especially if productive horses often look as though they are chewing or swallowing after a
 productive cough

Recommendations to Help Prevent Pleuropneumonia (Travel Sickness)

- Minimise lower respiratory tract contamination.
- Increased bacterial contamination and the accumulation of pus in the airways usually occurs after 12 to 24 hours of transportation, but may be apparent within 6 hours in some horses.
- It takes about 12 hours to clear the bacteria and secretions that accumulate after elevation of the head for 24 hours. The treatment of horses with antibiotics before or during transport has no influence on the accumulation of secretions and bacteria.
- Prevent entry of bacteria into the lungs.
- Increased bacterial contamination of the lower respiratory tract is unavoidable if horses are transported
 with their heads elevated for a significant period (may be at least 6 hours). It is therefore important to
 minimise the extension of this airway contamination to the lung tissue. Transportation over long distances
 should be broken up into 4 to 6 hour stages with 8 to 12 hour rest periods between stages. Horses should be
 fed from the ground after travel to assist in the clearance of contaminated secretions from the lower
 airways.
- It is important to ensure that horses are in good health prior to long distance road, or air, transport. Horses with mild or subclinical viral infections prior to transportation are more likely to develop pleuropneumonia with transport. The likelihood of such infections can be monitored by daily measurement of rectal temperature in horses due to be transported by road over long distances or by air.
- More recent studies have indicated that the lung's defence mechanisms may be compromised for at least 36 hours after long road or air transportation, suggesting that horses may require a number of days to recover from the stress associated with such travel.

Laminitis - What to look for:

- Risk factors overfed/obese horse (show horses)
- Lameness
- Stiffness
- Shuffling stance
- Can't move
- Lies Down in the Float
- Strong Digital pulse (know how to assess it)







Off Food/Water - weight loss and dehydration

- Take along your horse's favourite food
- Try putting apples in water bucket
- Use Water additives (electrolytes/molasses) to aid in drinking
- Consider Gastric Ulcer Medication (omeprazole Gastrozol, get veterinary advice)

Suggested Travel Medical Kit

- Emergency treatments wounds, lacerations
- Bandages, disinfectant, wound creams
- Dehydration electrolytes, appetite stimulant
- Anti-inflammatories (get veterinary advice, ensure medications are not on the prohibited substance list, visit http://www.equestrian.org.au/medication-control)
- Eye Treatments
- Creams, ointment
- Drug Rule Book/Medication Log Book
- Diagnostic tools
- Digital Thermometer
- Stethoscope
- Some Examples of Therapeutics

TIPS TO REDUCE TRAVELLING DISEASES

- Only transport healthy horses, watch for coughs
- Travel at night/morning to reduce heat stress. Reduce cramping, excessive noise, heat, high speed driving, try and get there promptly.
- Provide dampened hay low down or green pick
- Don't tie head too short
- Ensure adequate air flow, do not stay stationary for too long without off loading
- On longer trips, try to stop every 4 6 hours and off load to enable horses to "stretch their legs"
- Cover with a light rug to avoid dust, keep float upper back doors closed
- Put absorbent on the floor
- Travel near the front on large transports
- Post arrival vet examination/blood test
- Allow horses to get their head down
- Arrive at least 3-5 days before competition begins to allow time for recovery

PRE-TRAVELLING TREATMENT SUGGESTIONS

- General health check +/- blood test
- Comprehensive Emergency First Aid Kit talk to your vet
- Electrolytes/Hydration (saline drench/IV fluids pre-transport if weather is hot)
- Supplement with oral Tonics Vitamins
- Reduce Grain/Nutrition in the diet immediately pre-transport
- ANTIBIOTICS pre and during travel are recommended (get veterinary advice, ensure medications are not on the prohibited substance list, visit http://www.equestrian.org.au/medication-control)
- Continual assessment, especially recital temperature
- Veterinary Management Plan for all the "issues" 1







CONTACTS

In the first instance, you should contact your team manager with any queries.

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