

## Minimum Medical Response for Dressage 2025

### Introduction

This proposal establishes standards for minimum medical response at dressage activities that strike a balance between the needs of smaller and larger activities. In addition to the MMR, the EA H&S team and the EADC have included parameters surrounding post-fall athlete medical clearance checks and measures to ensure the MSP is exclusive for medical response.

### Required Minimum Medical Response

Data shows that the risk in Dressage competition is of the same order of magnitude as the dressage phase of Eventing (see below additional information: Risk in Competition).

The dressage phase of Eventing requires a minimum level of "A first aid service must always be available." This equates to at least one person being trained in HLTAID011 (Provide First Aid) and HLTAID009 (Provide CPR), with the appropriate supporting equipment. Dressage activities vary in size and location, and a tiered approach is suggested to provide a higher level of support for larger activities as follows:

Tier	No. of Riders/Day	Minimum Medical Requirement
1	< 80	A First Aid Service must be present - at least one person being trained in HLTAID011 (Provide First Aid) and HLTAID009 (Provide CPR)
2	> 81	An advanced first responder (AFR) qualified as below <ul style="list-style-type: none"><li>• HLTAID014 (Advanced First Aid),</li><li>• HLTAID015 (Advanced Resuscitation),</li></ul> + appropriate equipment (In most circumstances if a professional AFR is employed, they will supply appropriate equipment as part of their service.)

Suggested appropriate equipment includes:

- AED (Defibrillator)
- Oxygen response bag
- T-Pod (Pelvic binder)
- CT-6 (Traction splint)
- Trauma first aid kit

This equipment supports stabilisation before Ambulance arrival.

## Exclusive Medical Service Providers (MSP)

The OC must ensure that the MSP engaged to provide the minimum medical response for the duration of the activity is NOT performing any other role associated with the activity, e.g., officiating, organising, being the parent or guardian of a competitor/participant, or competing/participating themselves.

## Medical Clearance

### EXAMINATION AFTER A FALL – MEDICAL FITNESS

The MSP, as appropriate, MUST examine the athletes who have a fall during warm-up or any part of the activity before they either take part in another test or leave the competition site.

Upon recognition of a suspected concussion, the athlete will be immediately removed from the activity. Refer to EA General Regulations <https://www.equestrian.org.au/policies>

## Minimum Medical Response for Jumping Trial 2025

### Introduction

Data suggests that the level of risk in show jumping is comparable to that of the jumping phase in Eventing competitions. This indicates that a similar standard of medical support should be in place. However, the practicalities and costs of sourcing qualified medical personnel, particularly for smaller, regional events, can present significant challenges. In response, the National Jumping Committee recently requested the development of a tiered medical support model. A draft proposal is outlined below, recommending scalable medical requirements based on the number of riders entered per day. The resulting National Guidelines will provide clarity for organising committees and ultimately could form part of the sport rules.

### Minimum Medical Response Requirements (MMRR) for Jumping Activities

As presented at the Jumping NDC meeting in March 2025, the rate of incidents and injury is of the same order of magnitude in Jumping as in the jumping phase of Eventing, meaning that the level of risk is comparable. *The minimum level of support required for jumping in Eventing is well established and equates to Tier 3 in the proposal.*

Organising Committees are encouraged to provide the highest practical level of support for their activity but must provide minimum medical support levels as detailed below. Requirements are based on the number of riders entered per day. Competitors must be advised of the level of medical support available at the show on the event entry form.

Tier	Rider Numbers/Day	Medical Requirement
Tier 1	<40	A first Aid Service must be present
Tier 2	41–80	An advanced first responder qualified as below <ul style="list-style-type: none"> <li>HLTAID014 (Advanced First Aid),</li> <li>HLTAID015 (Advanced Resuscitation),</li> <li>+ appropriate equipment</li> </ul>
Tier 3	>80	<ul style="list-style-type: none"> <li>1 x AHPRA Registered Health Practitioner with Advanced Life Support skills and Equipment <i>and (to make a team of two)</i></li> <li>1 x Basic Life Support First Responder</li> </ul>

Suggested appropriate equipment (this equipment supports stabilisation before Ambulance arrival) includes:

- AED (Defibrillator)
- Oxygen response bag
- T-Pod (Pelvic binder)
- CT-6 (Traction splint)
- Trauma first aid kit